



MOPS stands for Mothers of PreSchoolers. MOPS exists to meet the needs of every mom....urban and suburban moms, stay-at-home and working moms, teen,

single and married moms. Moms with different lifestyles who all share a similar desire to be the very best moms they can be! MOPS groups provide **relationships for moms in an accepting atmosphere where they are reminded that they are not alone.** MOPS believes that mothers are doing something of incredible worth—*mothering matters!*

We will have **food, fun, sharing, craft time, discussions, and MOPS Mentors speaking** on issues that are important to us as mothers with children ages infancy through kindergarten.

We will meet at **Faith Church the second and fourth Monday of each month from September—May. Our time together begins at 9:00am and ends at 11:15am.** We have GREAT door prizes, so you don't want to be late!

This year our theme is "**Fresh Air: What Every Mom Needs.**" The hectic job of a mom is filled with tug-of-war moments between precious joys and exhausting challenges. This year we will explore how being a great mom and a person in your own right CAN go hand in hand.

For more information about MOPS or to receive a registration packet please contact :

Faith EC Church
2124 Old Philadelphia Pike
Lancaster, PA 17602
393-5345

Or
Michelle Kime
290-1521



2006-2007 MOPS

...Because
Mothering Matters

FRESH AIR

September 25

Topic: Introduction to the Year

Craft: Jewelry Making

October 9

Topic: Identity

Craft: Wreath Making

October 23

Topic: Growth

Craft: Learn about different cuts of meat

November 13

Topic: Relationships: Part 1

Craft: Topiaries

November 27

Topic: Relationships: Part 2

Craft: Marbleized note cards

December 11

Topic: Ask the Mentors Questions

Craft: Gift wrapping



January 8

Topic: Help: Part 1

Craft: Learn about budgeting

January 22

Topic & Craft time: Guest Speaker comes and talks about Home Organization

February 12

Topic: Help: Part 2

Craft: Candy Making

February 26

Topic & Craft time: Guest speaker comes and talks to us about the difference between men and women

March 12

Topic: Perspective: Part 1

Craft: Egg Decorating

March 26

Topic: Perspective: Part 2

Craft: Cake Decorating

WHAT EVERY MOM NEEDS!

April 9

Topic: Hope: Part 1

Craft: Learn about nutrition & exercise

April 23

Topic: Hope: Part 2

Craft: Learn about canning and making chicken broth/soups

May 14

Topic: Ask the Mentors questions

Craft: Potting plants

